

Dallas-Fort Worth Fertility Associates

Individualized Compassionate Care

* Birth Control Pill & Lupron Sample IVF Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menses: Cycle Day 1 Call office with start of menses	Cycle Day 2	Cycle Day 3 Possible blood tests START birth control pills (BCP's) for 21 days BCP Day 1	BCP Day 2	BCP Day 3	BCP Day 4	BCP Day 5
BCP Day 6	BCP Day 7	BCP Day 8	BCP Day 9	BCP Day 10	BCP Day 11	BCP Day 12
BCP Day 13	BCP Day 14 PRESTART visit before starting Lupron Embryology Class Thursday evening	BCP Day 15 START Lupron	BCP Day 16 Lupron	BCP Day 17 Lupron	BCP Day 18 Lupron	BCP Day 19 Lupron
BCP Day 20 Lupron	BCP Day 21 Take LAST BCP Lupron	Lupron	Lupron	Lupron CALL with menses to schedule baseline sono, E2	Lupron	Continue Lupron until cycle start day (Usually Sat.) See page 2

BCP- Birth Control Pill
E2 – Estradiol

FSH – Follicle Stimulating Hormone
HMG – Human Menotropins Gonadotropin

HCG – Human Chorionic Gonadotropin
TVR – Retrieval

* Print Day of Week of Cycle Day 1

