## hCG 10,000 IU Injection

## SUPPLIES: hCG 10, 000 unit vial 18g 1 ½ "3cc syringe and needle (to mix) 30g ½" needle (to inject) Alcohol Wipe

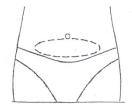
## TO RECONSTITUTE:

- 1. Wash hands with soap and water.
- 2. Place supplies on a clean, dry surface.
- 3. Remove plastic cap from vial of sterile liquid (saline water) and the vial of medication (pellet of white powder).
- 4. Open 3cc syringe and attach the 18g 1 ½ needle on the end.
- 5. Insert the needle through the stopper of the vial of sterile liquid and withdraw ONLY Icc of liquid.
  - a. The amount of liquid in the bottle is a total of 10cc. You will only use 1cc.
- 6. Remove the syringe from that vial and insert needle into the vial with the white medication pellet. Gently inject the saline into the vial and ROTATE the vial to dissolve slowly. DO NOT SHAKE!
- 7. Withdraw all of the solution into the syringe.
- 8. Replace the 18g needle with the smaller  $30g \frac{1}{2}$  needle.
- 9. Push up on plunger until one tiny drop of liquid appears at end of needle.

## TO GIVE INJECTION

- 1. Grasp small amount of skin in abdomen and wipe with alcohol.
- 2. Hold the syringe between your thumb and first two fingers (like a pencil) and insert into injection site, straight in or at an angle with a smooth dart like motion.
- 3. Slowly push on the plunger and inject all of the medication. Gently withdraw the needle and discard it into the safety container.
- 4. You may hold a gauze pad over the injection site a few minutes with slight pressure. A small amount of bleeding may occur, just blot with gauze and apply pressure.

QUICK GUIDE: (NOTE lcc= lml)



Trigger shot in tummy

Give at a SPECIFIC TIME.

No \_\_\_\_\_ Tonight

Do Lupron \_\_\_\_\_ units tonight, last shot.